



Free Worm Composting Workshop Sponsored by Contra Costa County Department of Conservation and Development

**Sat, August 17, 2019
10:00 AM – 12:00 PM PDT**

**Delta Community Presbyterian Church
1900 Willow Lake Road
Discovery Bay, CA 94505**

A FREE Worm Composting Workshop will be offered at the Delta Community Presbyterian Church on Saturday, August 17, 2019 from 10:00 am to 12:00 pm.

You will learn how to make your own worm compost. Vermicomposting (“vermi” is Latin for “worm”) is the process of using worms to process organic food waste into nutrient rich soil. Worms eat decaying food waste and produce vermicompost, a very effective soil supplement. The worms will produce both a liquid fertilizer and worm castings (a fancy name for worm poop). Worm poop is the best compost! It is a solid, odor free byproduct of worm digestion. It is rewarding to know you are turning organic waste into a nutrient rich organic material for your garden. There will be a demonstration bin complete with live worms!

The instructor, Todd Sutton, an expert with more than 27 years in the environmental field, has appeared on national television including Discovery and History channels, and has educated thousands on waste prevention, reuse, recycling, and composting.

The presentation includes discussion on how you can be part of the effort to reduce climate change. Did you know that each person is responsible for an average of 700 pounds of material disposed in landfills annually? According to a recent California study, an average of 37.4% of the waste from households is potentially compostable (yard and food waste). You can make a difference by just composting at home.

All Contra Costa County residents are welcome. Reservations should be made by calling 925-674-7831. If you register for the workshop and your plans change, please let us know so we can make a seat available in case there is a waiting list.

To learn more about composting or recycling, just go to www.cccrecycle.org.